



MOMENTUM HEALTH TEAVIGO NATIONAL DUATHLON SERIES 2009

EVENT # 2 ON ROAD: ROODEPLAAT DAM, Pretoria, Sunday 29 March 2009

Tuesday 31 March, 2009 - In excess of 400 duathletes participated in Sunday's event, including the best of South Africa's elite men and women - Brand du Plessis (winner 2008 Series), Jason Spong, (winner Malaysia Powerman 2008) Stuart Marais, Hendrik de Villiers (Olympian 2008), Chris Felgate and Andrea Steyn (winner 2008 Series and BSG Energade Triathlon Series 2008), Lucie Zelenkova, Carlyn Fisher, Corinne Berg, Su Don-Wauchope and new comer Alea Brand.

An awesome autumn day with cosmos blooming along the cycling route, saw Brand du Plessis, Stuart Marais and Jason Spong neck and neck after the 5km run and into the transition area. Maintaining these positions during the 30 km cycle route, Stuart and Jason kept Brand in view. A final run of 2.5km and the inimitable Brand du Plessis crossed the finish line in first place, followed by Stuart Marais and Jason Spong.

Nestlé Pure Life athlete Andre Steyn maintained her amazing form in the elite ladies race, coming in first after the 5km run, followed closely by the young Western Cape athlete Alae Brand and well known triathlete Lucie Zelenkova. Unable to hold onto third place position Alae Brand was challenged by Nestlé Pure Life team mate Carlyn Fisher, with Andrea Steyn coming in first, followed by Lucie Zelenkova and Carlyn Fisher.

Momentum Health and Teavigo have put up in excess of R 375 000 in prize money, which elevates this series into one of the richest in South Africa. Additionally there is a Grand Prix Point System which gives the countries elite athletes added incentives.

Grand Prix Point Status –

ELITE MEN Brand du Plessis 40, Jason Spong 33, JP te Napel 19, Stuart Marais 19, Lieuwe Boonstra 18

ELITE WOMEN Andrea Steyn 39, Su Don-Wauchope 33, Carla Germishys 20, Lucie Zelenkova 19, Carlyn Fisher 18

All events will be televised in a dedicated 26 minute program on Super Sport starting on 21 April 2009 at 18.00.

More details can be accessed at www.duathlon.co.za
A Gallery of Photographs can be accessed at www.duathlon.co.za

ABOUT MOMENTUM HEALTH www.momentumhealth.co.za

When its comes to your health you can afford to be choosy. At Momentum Health, you can pick and choose what's best for your health. And, by electing to be treated at any one of the private hospitals the Scheme has negotiated with countrywide, you'll pay reduced monthly medical aid contributions. Quality care for less is just another way Momentum Health puts your health first.
Contact: Denise Pillay 0860117 859

ABOUT TEAVIGO www.teavigo.com

Teavigo is a pure and potent source of EGCG, the health beneficial from green tea, and pays a pivotal role in your overall health and increased sense of well being, energy and vigour. The benefits include antioxidant activity, weight management by increasing metabolism, and oral health, including fresh breath.

Teavigo is pure and potent and found in Manhattan Ice tea, Revite Vit-T-Go and Revite TSlim Plus.



Teavigo is a proud sponsor of SuperSport Lets Play



and a proud supporter of NOAH – Nurturing Orphans of AIDS for Humanity

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